



Psychiatry Summative Assessments:

Video Interview Write-Up &
Psychiatry Shelf Exam

Dr. Schilling

Video Interview Write-Up

40 points 11.1%

- Orientation immediately before exercise
- 30 minute video interview
 - Challenging patient
 - Interview is less than perfect
 - Will not have all the info you would like
 - Transcript provided to you
- ~3 hours: write up



Video Interview Write-Up MSE section

- 1st day of Psych MSE
- Normal? ~~Normal~~
 - Describe what you observed
 - Describe what you looked for but did not observe
- 10/40 points-25% of exercise
- Most students score ≥ 9



Video Interview Write-Up

Differential diagnosis section

- Given diagnosis
 - Based on interview
 - Q: what info supports the dx?
 - Q: what info is inconsistent with, is lacking, or may even allow you to rule out dx?
 - 7 questions: (actually 9; 2 are double questions)
- Consider ALL the **DSM-5 criteria** for the dx
 - Show you know what you are looking for
 - Show if you found what you were looking for
- Explain your thinking!!
- 10/40 points-25% of exercise

Video Interview Write-Up Treatment Plan



- End of the clerkship-show what you can do!!
- Further information provided
 - Dx: important you make note of this
 - Tx: current meds (will you continue, add to regimen, or stop one and start another?)
- 7-8 questions: A few have >1 part
- 20/40 points (50%)



Study Strategy recs

- 1st day of clerkship; clerkship goals
 - Common and important Psych Dx
- Curriculum-sessions on
 - Anxiety dis, Substance dis, Major Depression
 - Jeopardy Boards: Bipolar, Schizophrenia
 - Shelf Prep quizzes:
 - MDD, BAD, Anxiety Dis (GAD, Panic dis)
 - Schizo Spectrum (Brief psychotic, Schizophreniform, Schizophrenia, Schizoaffective, Delusional dis)
- Video Interview Write Up: Summative assessment



Study strategy recs

- Know common diagnoses well
 - Know diagnostic criteria so you can apply it
- Know common treatment(s) of common dx
 - Non-medication treatments?
Especially Substance diagnosis; MDD;
 - Meds?
What meds commonly used for common dx?



Study strategy recs

Know a few commonly used meds well

- Anti-psychotic-SGA:

- Quetiapine (Seroquel), Aripiprazole (Abilify)

- Used to treat:

- Schizophrenia & other psychotic illnesses

- Bipolar disorder

- MDD-added to anti-depressant as adjunct tx

- Up-To-Date Summary info on Seroquel & Abilify

- Many advantages compared to other med options

- Fewer disadvantages compared to other med options



Study strategy

Know a few commonly used meds well

- Anti-depressants

- Used to treat very common Psych Illnesses:
MDD & GAD, Panic Disorder
- SSRI: sertraline or escitalopram or citalopram
(Zoloft) (Lexapro) (Celexa)
- SNRI: venlafaxine (Effexor)
- Atypical: bupropion (Wellbutrin)
 - Can be combined with most other antidepressants
 - Side effect profile has advantages over other anti-depressants
 - Great for depression tx
 - Not good for anxiety tx



Study strategy

Know a few commonly used meds well

■ Mood stabilizers:

- Li, Depakote, SGAs (already covered)
 - Commonly used in monotherapy
 - Commonly used in combination (nature of tx'ing Bipolar dis)
 - Li/Depakote + SGA/FGA
 - Monotherapy trials not working;
 - Severe manic episode
- Mania, Bipolar Depression, Maintenance
 - Lithium, Depakote, Quetiapine, others?
- Up-To-Date Summaries
 - Treatment of Bipolar Disorder
 - Bipolar Medications

Video Interview Write-Up Treatment Plan

- Q: Given meds A, B; which do you recommend? A??
- Why do you recommend med A

Put main focus on med A

Provide 1, no more than 2, reasons for not recommending med B

- Advantages:
 - What desirable effect(s) does med A have? What does it treat?
What med(s) treat all 3 phases of Bipolar?
What med(s) ↓suicide risk?
What meds treats psychosis & mood disorders?
What meds treat severe mania?
What treatments used for severe depression?

Video Interview Write-Up

Treatment Plan

- Disadvantages = Side effects of med A:

Common

SGA's: metabolic syn

Anti-depressants-↓sex, ↑wt, GI

Li- Many renal related issues

DDI, polyuria, DI

Depakote-liver related issues

Both Li & Depakote:

Weight gain, tremor, GI

Serious

NMS

Serotonin Syn

Li toxicity

Pancreatitis, ↑NH₄-enceph

Teratogenic

Provide one reason you did not choose the other med(s)

- Example: Med A ⇒ possible weight gain but much less likely than med B
- Example: Med A ⇒ no sexual side effect; med B may have sexual side effects



Video Interview Write-Up

- In General
 - Read the question carefully
 - If the patient asked you the question, what would you tell the patient?
 - Be as complete as you can
 - Take advantage of the format and explain your thinking!!



Psychiatry Clerkship Shelf Exam

100 points 27.8%

- Change to the Psychiatry Shelf Exam
- Advantages:
 - Step 2 Preparation
 - UWorld as Shelf Prep
 - Match of the NBME/Shelf with clerkship textbook & curriculum
Automatically there are many topics that match up well
- Disadvantages
 - Not all topic areas match up with curriculum
 - Child psych; Developmental Disorders
 - Topics that are less likely to be seen clinically
 - UWorld as part of Shelf Prep vs Temptation to only do mcq's



Preparation for Video Interview Write Up & Shelf Exam

- Clerkship curriculum change in 2023-24
 - Shelf Prep Quizzes: Emphasis on diagnosis
- First Day of Clerkship
 - **Psychiatry NBME Subject Examination Notes**
Should be much useful information
 - Know medications **generic names**
- LUMEN/Sakai clerkship website:
 - Recorded Lectures & Powerpoints slides
 - Up-To-Date Summaries (7)
 - Treatment of: Anxiety Disorders, Bipolar Disorder, Major Depression Disorder, Substance Use Dis
 - Meds: Antidepressants, Antipsychotics, Bipolar Meds

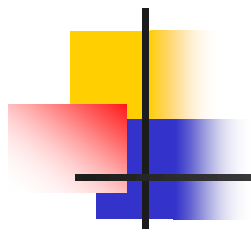


Preparation for Video Interview Write Up & Shelf Exam

- Different ways to learn the material
 - Spaced Retrieval Practice & Repetition:
 - Jeopardy Boards (6) as Flash Cards
 - Schizophrenia, Bipolar, Substance, Antidepressants, Antipsychotics, Mood Stabilizers
 - Study with a peer:
 - Most studying is an individual pursuit
 - Try a little collaboration with a peer
 - Discuss Up-To-Date Summaries: ask your own questions
 - Discuss other clerkship material-Lecture Ppts
 - Share how you remember various info!
 - Encourage each other!

Passing Standard & Shelf Exam Data

- CCA Set Minimum Passing Standard for all core clerkships @5th Percentile nationally
 - Psychiatry: 72 is minimum passing score
- Last year: 2023-24
- 8 clerkships N=164
 - 40/164 (**24.4%**) > 80th percentile nationally
 - 81/164 (49.4%) > 50th percentile nationally
 - 23/164 (**14.0%**) < 20th percentile nationally
 - 5 fails: 71, 71, 67; 69 63
remediation: 88, 78, 73; not yet done
- Data looks good! You can also do well!!



Put in the work &
you too will do well on the
Psychiatry Shelf Exam!!

Good luck!