# **OBGYN Clerkship Orientation**

AY 2025-2026

#### Welcome



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#### **Disclosures**









#### Still I fly... "it's about believing in yourself and being brave" CEO

There' a time in your life

When the world is on your side

You might not feel it

You might not see it

But it surrounds you like a light

Makes you stronger for the fight

Never letting go

Gotta learn to grow

Watch me as I touch the sky

Still I fly

Now I know it's what I gotta do

Find a dream that's new

Give it all I got this time

Still I fly

Still I fly

Feel the wind all around

All the courage to be found

Who knows what's out there

I know I'll get there

Oh off into the sun

I know I'm not the only one that's

Never letting go

Gotta learn to grow

Watch me as I touch the sky

Still I fly

Now I know it's what I gotta do

Find a dream that's new

Give it all I got this time

Still I fly

Still I fly

Still I fly

Breathe it in

I'm gonna shine

It's my moment

Gotta live and live it right

I'm flyin

Flyin so strong

I'm movin'

I'm movin'

I'm movin' on

Never letting go Gotta learn to grow Watch me as I touch the sky Still I fly

Now I know it's what I gotta do Find a dream that's new

Give it all I got this time

Still I fly Still I fly



#### **Overview**

- 6 weeks
- L&D
- TWO electives: Ambulatory, Benign GYN, MFM, FPMRS, GYN Onc.
- MacNeal and Florida: 6 weeks (LD, Ambulatory, GYN)
- 1 weekend call shift
- You should get from us: locker, scrub access, uwise access
- End of clerkship resident and faculty educator award survey
- Lumen website:

https://www.stritch.luc.edu/lumen/course\_detail.cfm?crs\_number=184FEACEC572B902E6B2834EB6A63A95-NVENC1

#### How your grade is calculated: Total 300 points

- NBME ("Shelf exam"): 100 points (33.3%)
  - minimum pass is 64 (5%nationally)
  - Failure → retake exam and if passed will pass clerkship
  - <10% = meets with concerns medical knowledge</p>
- Clinical Performance Evaluation (CPE): 100 points (33.3%)
  - at least 3 evaluations
  - minimum passing 63
  - Failure → repeat 2-6 weeks clinic
  - < 10% = meets with concerns patient care</p>
- Overall Pass: 71.45
  - Failure → repeat clerkship

- OSCE: 60 points (20%)
  - <2 SD below mean = with concerns practice based learning

meets

- Prevention & Screening: 20 points (6.7%)
- <u>Journal Club</u> = 5 points (1.7%)
- <u>PBL</u> = 15 points (5%)

### How your grade is calculated

- Honors: >1SD above the mean
- High Pass: Average  $\rightarrow$  +1SD
- Pass: < Average
- <u>Fail</u>:
  - Overall <71.45</li>
  - o Clinical: < 63
  - o NBME: <64
- End of Academic Year Review: 30/40/30

#### Competencies: Meets, Meets with concerns, Does not meet

NB: these are not part of your transcript or Deans letter, these are tracked by the school internally to help you

- Medical Knowledge: (NBME)
  - <10% of your cohort NBME shelf exam = meets with concerns</p>
  - o Fail NBME (<64) = does not meet
- Patient Care: (Clinical Performance Evaluation)
  - < 10% of your cohort CPE = meets with concerns</p>
  - o Failure (<63) = does not meets
- Interpersonal and Communication Skills:
  - o PBLs, service, communications with clerkship leadership
- <u>Practice Based Learning and Improvement</u>: (OSCE)
  - <2SD below cohort OSCE average = meets with concerns</p>
- Professionalism:
  - o not see all clinical topics and not tell us to help you find simulation
  - o contacting the person who evaluated you directly those need to come to us.
  - tardiness
- System Based Practice:

#### Journal Club grade = 5 points

- 10min talk
- Ex: journal article,
- MFM, benign GYN, LD, FPMRS
- Graded by faculty or PGY3 or PGY4
- **Score 0**: Inaccurate information, unprepared, did not complete
- Score 3: Reporter:
  - o able to report accurate information
- Score 4: Interpreter/manager:
  - thoughtful interpretation of data and asks good questions
- Score 5: Educator:
  - o mastery level understanding and teaching, creative interactive approach to teaching

#### Problem Based Learning = 15 points

- Sign in, sheet removed when lecture starts, you and the Deans will be emailed if late
- Presentation:
  - Powerpoint, interactive
  - Literature review
  - Case presentation and information
- 15 points graded
  - Assess: (1-5 points)
  - Apply: (1-5 points)
  - Presentation Quality: (1-5 points)

- Please sign up today
- IUMFN
- Course Content
- Problem Based Cases

PLEASE note times and dates and zoom or person

Please review objectives and think though them and the questions - helps study

### **PBL Score: 15 points**

Assess	0	Does not discuss methods or findings	0	Provides insufficient information for audience to draw own conclusions	0	Provides sufficient information about methodology and results for audience to draw own conclusions		D. Identifies limitations and biases in the cited literature
				Restates data/results without drawing conclusions about quality/significance of acquired evidence Draws incorrect conclusions		Draws accurate conclusions regarding quality and significance of evidence Discusses relevant strengths and weaknesses of acquired evidence		Clearly explains why the student is relevant to the selected patient
Apply	0	Did not use evidence to address clinical question	0	Loose connection between patient story, clinical question, evidence, and proposed answer	0	Clear link between patient story, clinical question, acquired evidence, and answer to PICO question	AN	Plan on how to advise patient and team on next steps
Presentation Quality	0	Poorly organized, minimal eye contact, illogical flow	0	Fair organization, overall lacking confidence, cannot respond to questions	0	Good organization, logical flow, good eye contact, confident and clear	O O	Easily responds to questions by audience
Comments:					=	Student name/signature: Faculty name/signature: Site: Date of completion:		

#### **OSCE =60 points**

- Annual exam with a complaint. Follow PCM2 and inclusion of social determinants of health
- 1 of 6 topics: ACOG articles linked on LUMEN:
  - o 6 topics: <u>UTI, HSV, Ectopic, Osteoporosis, Contraception, Vaginitis</u>
    - LUMEN OBGYN Clerkship
    - Educational Resources
    - OSCE Articles
- If you score <2SD cohort average: practice based learning competency will be marked meets with concerns</li>
- You are expected to work the morning before OSCE unless you start at 8am and after OSCE
- LD3 (nights team): Thursday before the OSCE you are excused from your 11pm-7am shift.
  - You do need to work the Friday night of the OSCE

#### Prevention and Screening Exam = 20 points

- 20 True/False, open book
- On Sakai
- If you do not complete by the deadline (4th Friday) your score is minus 5 points
  - Ex: you score a 20, then -5 for total of 15 points.
  - Failure to complete by 11:55pm last day of clerkship (NBME day) score will be zero

### Evaluations: Clinical performance evaluation =100points

• Minimum 3 evaluations needed to calculate grade (1 from each 2 week elective),

#### You DO need to request these 3

- Additional evaluations welcome and please request those
- Faculty and residents are not required to complete additional evaluations
- Faculty, residents, and staff can complete an evaluation even if you did not request it and provide us with feedback
- PLEASE DO NOT approach any faculty or resident about your grade: any concerns with evaluations email AW/MCP/NH,
   (this is a professionalism ding)
- Failure requires clinical remediation (minimum pass 63)

### NBME = 100 points

Minimum passing = 64 (5% nationally)

NEW: your score will be released to you from NBME

#### **Annual End of the Year Review**

July/Aug 2026

#### **Social Determinants Health**

Ex: cost of vaginal estrogen

Ex: transportation to prenatal and postpartum visit

Ex: time off of work for testing ex:mammograms, TVUS, fetal testing

Please be aware of it in SPs

#### **Get Back Up Again**

I really hope I can do it

'Cause they're all depending on me

I know that I must leave the only home I've ever known

And brave the dangers of the forest

Saving them before they're eaten

I mean, how hard can that be?

Looking up at a sunny sky, so shiny and blue and there's a butterfly

Well, isn't that a super fantastic sign

It's gonna be a fantastic day

Such marvelousness

It's gonna bring, got a pocket full of songs that I'm gonna sing

And I'm ready to take on anything

Hooray!

Some super fun surprise around each corner

Just riding on a rainbow, I'm gonna be okay

Hey! I'm not giving up today

There's nothing getting in my way

And if you knock knock me over

I will get back up again, oh

If something goes a little wrong

Well you can go ahead and bring it on

'Cause if you knock knock me over, I will get back up again

Whoa oh oh oh oh, get back up again, whoa oh oh oh oh oh

I'm marching along I got confidence

I'm cooler than a pack of peppermints

And I haven't been this excited since

I can't remember when!

I'm off on this remarkable adventure

Just riding on a rainbow

What if it's all a big mistake

What if it's more than I can take

No I can't think that way 'cause I know that

I'm really, really, really gonna be okay

Hey!

I'm not giving up today

There's nothing getting in my way

And if you knock knock me over

I will get back up again, oh

If something goes a little wrong

Well you can go ahead and bring it on

'Cause if you knock knock me over, I will get back up again

Whoa oh oh oh oh, get back up again, whoa oh oh oh oh oh (I'm okay)
Whoa oh oh oh oh

whoa on on on And if you knock knock me over, you knock knock me over I will get back up again



#### Need to know list: please sign

- LUMEN OBGYN Clerkship
- Policies and Instructions
- Students Need to Know List
- Sections
  - 1. <u>Too Tired To Drive Home Policy</u>:
  - 2. <u>80 hour work week</u>:
  - 3. SSOM Needlestick and Splash Guidelines:
  - 4. <u>Patient/Procedure Logs</u>: weekly
  - 5. <u>Non-Sexual/Sexual Harassment/Mistreatment</u>:
  - 6. <u>Delivery of Health Care Concerns</u>:
  - 7. Clinical Evaluations and Online Examination Professionalism:
  - 8. Student Illness: MUST go to student health
  - 9. <u>Prior Student/Physician Relationship</u>:
  - 10. <u>Student Access to Care</u>: self care

#### Call rooms - 2 dedicated medical student rooms

- -Medicine pod 6th floor workrooms
- -Pediatric Pod

Both rooms are very clearly labeled "Medical Students". These rooms have computers and beds, and are available as a place for all medical students to use to store bags, coats, etc.

#### **Nuts and Bolts Clinical rotations**

Flexibility

### **Schedule:** PCM3 or school holiday/closure: excused from clinical duties for that day

- Mon: clinical
- <u>Tues</u>: clinical
- Wed: OBGYN Departmental Meetings in person, 7-9am:
  - PCC, M/M, Grand Rounds, Journal Club
  - PBLs are your priority
- <u>Thurs</u>: clinical
- <u>Fri</u>: clinical

MCF: you are excused

OSCE: you work before and after

Day before the test: You are excused all day

### **Note writing**

Please check with each service at the beginning

Write as many notes as possible: this can be in EPIC or on paper

Expect to write notes and confirm with provider

Please sign notes, do not pend them

### Schedule: LD (2nd floor main hospital)

- Be in scrubs ready to work 5min before shift starts
- LD1: 7am 3pm and 1 weekend call

- LD2: 3pm-11pm and 1 weekend call
  - 6pm-11pm: OBGYN Hospital coverage
  - o Can be pulled to OR, ER consults, GYN consults,
  - Expect to work until 11pm day before education, which does not start until 7am

Downtime: suture boards, practice knot tying and suturing, presentation (Blue card)

Sign out: to your student colleague

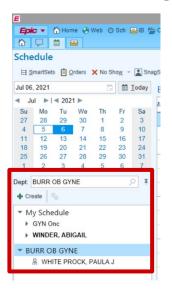
#### LD3 = OBGYN Hospital Coverage

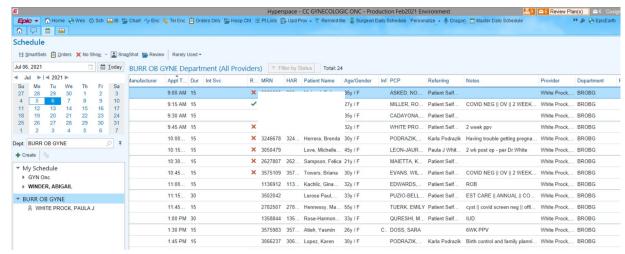
- •11pm-7am (L&D and GYN): M, Tues OR Wed, Thurs, Fri
- Work Tues night shift → Education → OFF Wed night
- ○<u>\*\*\*\*OR\*\*\*\*</u>
- OFF Tues night shift → Education → Work Wed night
- ■Sunday call 7pm -7am either before the monday you start or in between 2 weeks of nights
- ■Excused from night shift Thurs prior to OSCE

#### **Ambulatory**

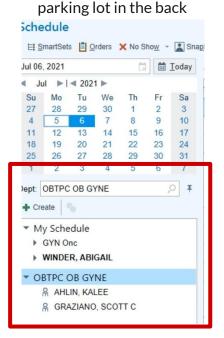
- Timing is flexible: expect 6-8 hours of clinic per day ex: 7-3, 9-5, 8-4, 1-7pm
- Prepare for clinic, be prepared to write notes
- Residents will show you how to access calendar
- May be in a different clinic from day to day Check EPIC ahead of time and be flexible
- Professional dress
- For VA Tuesday, be prepared to go to OR if needed.
- Location and times are based on available attending schedules and may change without notice. Contact Natalie/AW/MCP as soon as possible if you notice a difference from your given assignment.

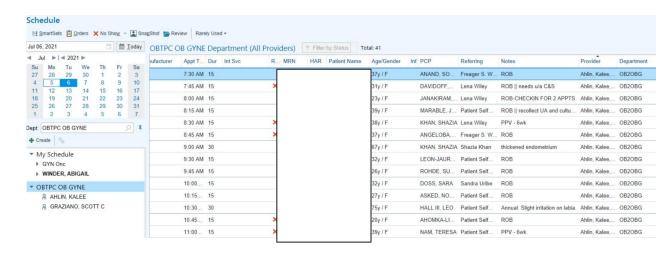
### **Burr Ridge:** 6800 N Frontage Road: free parking lot



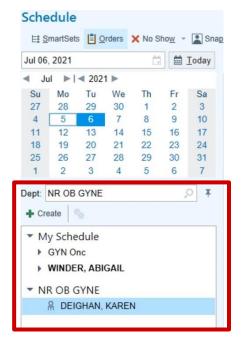


## Oak Brook Terrace: 1S260 Summitt Ave (there are 2 buildings, it is the one closest to the road), free



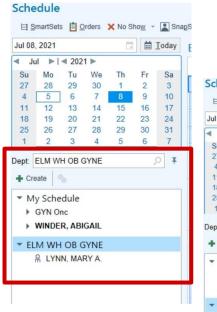


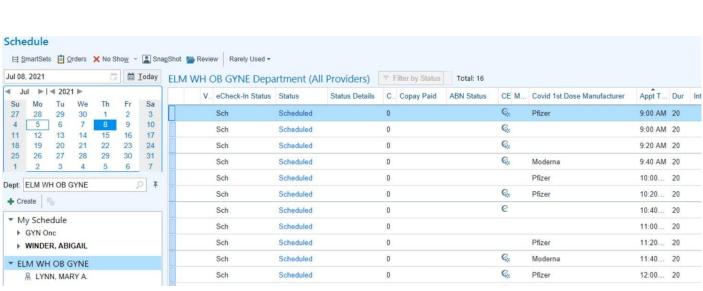
#### North Riverside: 1950 S Harlem



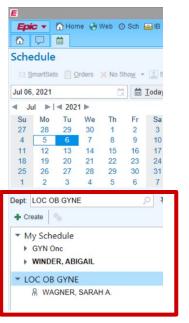


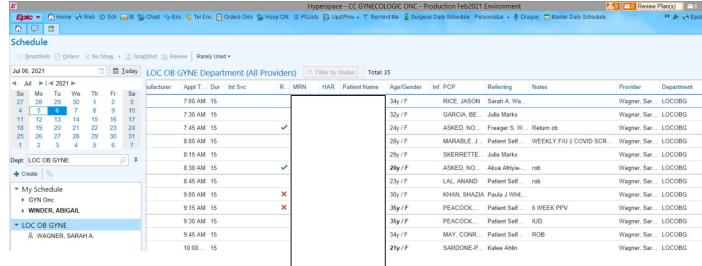
#### **Elmhurst:** 300 N. York, Free parking lot



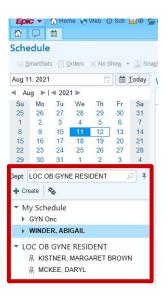


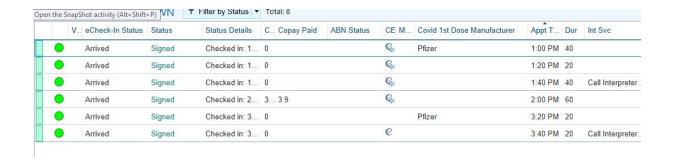
#### LOC: 2nd floor





#### LOC: resident clinic

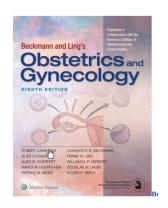


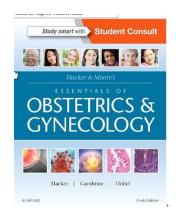


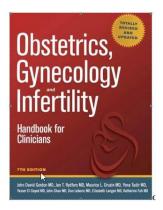
#### What to wear: Attire

- Long white coat
- Professional Dress:
  - Normal office clothes
  - Scrubs that are NOT misty green OR scrubs
  - Closed toed shoes preferred
- Misty Green Scrubs:
  - DO NOT wear scrubs into or out of the hospital or to Wed education









The Health Sciences Library post recommended Textbook for OB/GYN: <a href="https://hslguides.luc.edu/c.php?g=674138&p=4815710">https://hslguides.luc.edu/c.php?g=674138&p=4815710</a>

Stritch School of Medicine > Third Year > Clerkship Obstetrics & Gynecology

Stritch School of Medicine > First Year > Structure of the Human Body (SHB)

Clerkship Website: Goals & Objectives > Clerkship Instructions

#### **UWISE**

Association of Professors of Obstetrics and Gynecology (APGO)

- Sample test questions updated 2-3 x/year. You can put together 100 question timed test.
- Must use LUC email to sign up Natalie will send you link

# **NEW** Clinical Case log: Yes or No

- Via MyLumen, you do NOT have to count
- YES: Assigned, Unassigned, Simulated: (PBLs, Ex: sexual health and wellness)
  - Clinical Cases:
    - Not just admitting dx
    - Often problem from patient past
- **Procedures**: Not logged
- Pelvic exam: bimanual, speculum, or both (Goal of 5, Minimum 3)
- <u>Professionalism</u>: if you do not think you will see all cases please email us during week 4, if you do not email and do not see all the cases this = professionalism meets with concerns

# Clinical Cases: Examples: not complete list

- Abdominal Pain/Acute abdomen:
  - Ex: postop pain
- Abnormal Menstruation:
  - Ex: abnormal uterine bleeding, oligomenorrhea, dysmenorrhea, postemenopausal bleeding, PCOS
- Gyne neoplasm:
  - Ex: cancer, fibroids
- <u>HTN in pregnancy</u>:
  - Ex: HTN, gestational HTN, pre-eclampsia
- Normal Labor and Delivery:

#### Clinical case list continued

- Perioperative Management:
  - Ex: preop planning, informed consent,
- Pregnancy Abdominal Pain and/or Vaginal bleeding:
  - Ex: labor, any pain or bleeding in pregnancy
- Prenatal/Postpartum Care:
  - Ex: clinics, or postpartum rounds on L&D
- <u>Preterm Labor/Membrane Rupture</u>:
  - Ex: preterm labor, PPROM, SROM, AROM
- <u>Sexual Dysfunction</u>: \*really good simulation this is covered in her lecture
  - Ex: dyspareunia, pain, dryness, vaginal dilator use, pelvic floor PT
- Sexually Transmitted Disease:
  - Ex: HPV, Gc/CT, Trich, any of other STIs
- Vaginal discharge/Vaginitis:
  - Ex: general complaint, may be physiologic, BV, yeast, inflammation,

# **Sexual Dysfunction Simulation**

Required

Sakai check off

LUMEN OBGYN Clerkship → Educational Resources → Sexual Wellness Module

https://rise.articulate.com/share/Arqn55mXx5P2TUI5RikrdTEgj5h7IcLZ#/lessons/4YXO0s Ac3xM kE YGfMSI4ZPWXQz-Ru7

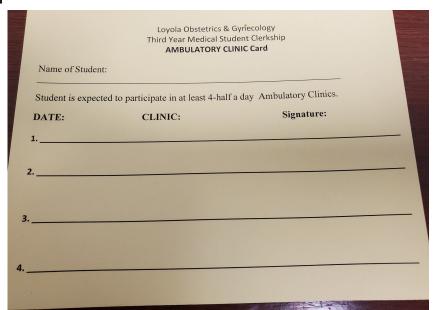
#### **Direct Observation**

• 1 History

• 3 Pelvic exams (bimanul and or speculum)

#### Clinic: Yellow card

- 4 half days in clinic
- Any clinic counts:
  - Ambulatory
  - o MFM
  - Benign GYN
  - Urogyn
  - o GYN ONC



#### **SMART Goals**

1 for each clerkship

Please inform Natalie of SMART GOAL, can be part of expectation setting form

Due end of week 1

# When can you go home

When your service work is complete and dismissed by the team

6pm

# Things to turn in: Home work

- SMART GOAL: due end of week 1
- OB OR Competency Assessment:
- <u>Clinical Case and Procedure log</u>: Please update at least weekly
- <u>Journal article</u>: journal article, practice bulletin facilitated talk
- PBL score:
- <u>Yellow card</u>: four ½ day clinics (2 full clinic days)
- <u>Evaluations</u>: request one from each block and any more
- <u>Sexual Wellness Module</u>: email Natalie

#### **Evaluations/ Communication**







# **Emails**

AW, MCP, NH

Sleep on it

# **Paging Etiquette**

- Page residents before 8pm
- Prefer to not have you page Attending unless asked to do so
- Resident protected time Wed 7am to noon, delay pages until after that
- Professionalism: caution with capital letters, exclamations, emojis, professional communication (not as if talking to friend)

#### **Evaluations and Letter of Recommendation**

Give Faculty heads up

"I really enjoyed working with you would you be willing to .... Please and thank you!"

# Mid Clerkship Feedback

Form: please fill out and go over it with your resident or faculty after the 1st block

Office hours via Zoom 3rd Wed or Thurs Clerkship 1-2pm.

ok to stay at clinical site

#### **MacNeal**

- Residents: Loyola and UIC
- Students: UIC and Loyola
- LD: mix of days and nights
- GYN:
- Ambulatory:

# Florida

Email, page, call

#### Illness

Must be cleared by employee health

- Employee & Student Health Hotline: (708) 216-1170
- COVID related clinical time missed does not affect your ability to obtain HP or H
  - NB: All clerkship requirements must be met.

# **Expectation Setting Form**

To be signed today and uploaded to Sakai, turn paper copy into Natalie

# Shakira Zootopia: Try Everything,

#### Wellness: Be Kind To YOURSELF

# I messed up tonight I lost another fight Lost to myself, but I'll just start again I keep falling down I keep on hitting the ground

Birds don't just fly They fall down and get up Nobody learns without getting it wrong

But I always get up now to see what's next

I won't give up
No, I won't give in till I reach the end
And then I'll start again
No, I won't leave
I want to try everything

I want to try even though I could fail

I won't give up
No, I won't give in till I reach the end
Then I'll start again
No, I won't leave
I want to try everything
I want to try even though I could fail

Look how far you've come You filled your heart with love Baby, you've done enough Take a deep breath

Don't beat yourself up No need to run so fast Sometimes we come last, but we did our best

I won't give up
No, I won't give in till I reach the end
And then I'll start again
No, I won't leave
I want to try everything
I want to try even though I could fail

I won't give up
No, I won't give in till I reach the end
Then I'll start again
No, I won't leave
I want to try everything
I want to try even though I could fail

I'll keep on making those new mistakes I'll keep on making them every day Those new mistakes









#### Have Fun! Be present!

#### Please select our Teaching Stars!

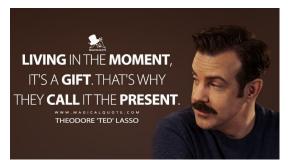
Resident and Faculty Appreciation Teaching Award for your clerkship

PLEASE fill out survey the last week of the rotation, include comments!

Thank you!

Questions?







#### "BE CURIOUS, **NOT JUDGMENTAL."**

AND I LIKED THAT. SO I GET BACK IN MY CAR AND I'M DRIVING TO WORK, AND ALL OF A SUDDEN IT HITS ME, ALL THEM FELLAS THAT USED TO BE BELITTLE ME; NOT A SINGLE ONE OF THEM WERE CURIOUS, THEY THOUGHT THEY HAD EVERYTHING ALL FIGURED OUT. IT. CAUSE IF THEY WERE CURIOUS. THEY COULD'VE ASKED QUESTIONS. YOU KNOW? QUESTIONS LIKE: 'HAVE YOU PLAYED A LOT OF DARTS, TED?' TO WHICH I WOULD'VE ANSWERED: 'YES, SIR. EVERY SUNDAY AFTERNOON AT A SPORTS BAR WITH MY FATHER FROM AGE 10 'TIL I WAS 16 WHEN HE PASSED AWAY.' BARBECUE SAUCE.

-Ted Lassa







