

**Guide to Musculoskeletal Assessment**

- Functional Assessment Hip Findings
- Specific Testing/Maneuvers of the Hip & Spine
- Specific Testing/Maneuvers of the Knee
- Specific Testing/Maneuvers of the Ankle & Foot
- Specific Testing/Maneuvers of the Shoulder
- Specific Testing/Maneuvers of the Elbow
- Specific Testing/Maneuvers of the Wrist & Hand

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**Functional Assessment Hip Findings**

- Abductor Lurch
- Trendelenburg Sign
- Pelvic Obliquity

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**Specific Testing/Maneuvers of the Hip & Spine**

- Seated Slump Test
- Straight Leg Raise
- Fabers (Patrick) Test
  - Obers Test
  - Spurlings Test

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**Specific Testing/Maneuvers of the Knee**

- Varus Stress Test
- Valgus Stress Test
- Posterior Drawer Test
- Anterior Drawer Test
  - Lachmans Test
  - McMurrays Test
  - Patellar Grind Test

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**Specific Testing/Maneuvers of Ankle & Foot**

- Anterior Ankle Drawer
  - Talar Tilt
  - Thompsons Test

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**Specific Testing/Maneuvers of the Shoulder**

- Painful Arc of Motion
- Rotator Cuff Strength Testing
- Subscapularis Liftoff Test
- Neers Impingement Test
- Hawkins Impingement Test
  - Sulcus Sign Test
- Anterior Apprehension Sign
  - Yergasons Test
  - Speeds Test

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## Specific Testing/Maneuvers of the Elbow

- Valgus Stress Test
- Varus Stress Test
- Resisted Wrist Extension
- Resisted Middle Finger Extension
- Resisted Wrist Flexion
- Ulnar Nerve Tinels/Cubital Tunnel Test

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## Specific Testing/Maneuvers of the Wrist & Hand

- Tinels Sign (Median Nerve)
- Phalens Test
- Finklesteins Test

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