**ACTIVITY**
Your child should gradually increase his/her activity over the next 1-2 weeks. Your child should not participate in organized sports or gym class for 3 weeks.

**DIET**
You may feed your child whatever he/she wants to eat.

**DRESSINGS**
The incision is closed with dissolving stitches. Small strips of tape called SteriStrips cover the incision line. These tapes will fall off within 2 weeks after the surgery. Sometimes a stent (small catheter) or a Penrose drain is left in place coming out of the skin of the flank. If a stent or drain was left, clean around the point where the tube comes through the skin twice daily with hydrogen peroxide. You may use a swab for this. Change the gauze over the incision twice daily.

**MEDICATION**
Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child ___ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both. You may have been given a prescription for antibiotics. Follow the directions on the bottle of antibiotics.

**BATHING**
If no stent or drain was left following the surgery, your child may bathe or shower 48 hours following the surgery. For the first 7 days following the surgery limit the time in the tub or shower to 5 – 10 minutes. You may let the water run over the incision. If a stent or drain was left at surgery, your child should have a sponge bath until the stent/drain is removed.

**FOLLOW-UP CLINIC VISIT**
Call Central Scheduling 708/216-8563 between 10:00 a.m. and 4:00 p.m. Monday through Friday and tell the associate that you need a Post-op Visit in ___________. Post-op appointment: ______________________

**ADDITIONAL INSTRUCTIONS**
If the incision becomes red, swollen or hot, or if blood, clear or creamy fluid comes out of the incision or through the point where the stent or drain comes through the skin, please call our office at the number below. Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit. If your child develops nausea or is unable to eat, please call our office.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.
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Patient/Parent/Guardian
David A. Hatch, M.D.  708/216.6266
Derek Matoka, M.D.  708/216-6266
Anne Casaccio, RN  708/216-5111
Linda Bauman, Secretary  708/216-6266

Nurse/Physician
Office:  708/216-6266
Central Scheduling (all clinics)  708/216-8563
Directions and maps available at www.luhs.org  12/5/2011