Instructions for Parents
For Care Following
HYDROCELECTOMY

ACTIVITY
Your child should not participate in organized sports or gym class at school for two weeks following the surgery. Otherwise, your child may do whatever he wants to do.

DIET
You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food.

DRESSINGS
No dressings are necessary following a hydrocelectomy. The tapes or membrane dressing covering the incision(s) will fall off within 10 to 14 days.

MEDICATION
Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child _____ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both.

BATHING
If your child has a clear membrane dressing over the incision, he may bathe at any time. If your child has a thin white tape (Steri-strip) over the incision your child should wait 48 hours following the surgery before going in the bath or shower. He should take a short (5-10 minute) bath or shower for the first 7 days. After the first week, he may soak or shower as long as he wants. He can also go swimming.

FOLLOW-UP CLINIC VISIT
Call Central Scheduling 708/216-8563 between 10:00 a.m. and 4:00 p.m. Monday through Friday and tell the associate that you need a Post-op Visit in 2 to 3 weeks. Post-op appointment: __________________________

ADDITIONAL INSTRUCTIONS
You will probably notice some bruising and swelling near the incision and on the scrotum during the next day or two. This is normal and it will disappear within 2 to 3 weeks. If your son’s scrotum swells to be larger than a lime, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.

_____________________________  _______________________________  _______________________________
Patient/Parent/Guardian        Nurse/Physician                  Date
David A. Hatch, M.D.          708/216.6266                     708/216-6266
Derek Matoka, M.D.            708/216-6266                     Central Scheduling (all clinics) 708/216-8563
Anne Casaccio, RN             708/216-5111                     Directions and maps available at www.luhs.org 12/5/2011
Linda Bauman, Secretary       708/216-6266
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