Information for Parents
About
Conscious Sedation

Your child is scheduled for a voiding cystourethrogram with possible sedation at Loyola University Medical Center Department of Radiology located in the lower level of the hospital (2160 South First Avenue, Maywood, IL 708/216-9000).

Date of exam: _________ Arrival time: _________ Time of exam: _________

In order for the testing and sedation to be safe it is absolutely necessary that you follow these guidelines:

1. **DIET PRECAUTIONS**
   - Your child should take **NO MILK OR SOLID FOOD for 6 hours** before the scheduled arrival time.
   - If your child is nursing, she/he **may breast-feed up until 4 hours before** the scheduled arrival time.
   - Your child may take **clear liquids** (apple juice, Kool-aid, water, Pedialyte, plain jello) up until **three hours before** the scheduled arrival time.

2. **Written consent** will be required before the exam can be performed. Therefore, a parent or legal guardian must accompany the child. **If the legal guardian is DCFS**, please notify us immediately by telephone at 708/216-3725 and provide the child's DCFS ID number and caseworker name. This information is required for us to obtain consent from DCFS. Any delay may result in rescheduling the exam.

3. **Call ahead if your child has a respiratory infection** (i.e. called, runny nose, difficulty breathing, sore throat) or **fever**. Because it would not be safe to proceed with sedation if your child is ill, the procedure would be postponed.

4. **Expect to spend 2 to 3 hours** in the department for the exam with sedation. Your child will be discharged when fully awake.

5. **Arrive Early**. Be at the exam site one hour before the scheduled exam time. This allows the nurse the time needed to prepare for sedation before the exam begins.

You will be contacted by telephone by a nurse prior to the day of the exam so an assessment can be made about the best type of sedation for your child. In some cases, it is necessary for an anesthesiologist to manage the sedation. If that is necessary for your child, you will receive further instructions.

If you have any questions, please call the Department of Radiology at **708/216-3725** Monday through Friday, 8:30 AM to 5:00 PM.