Chairman’s Corner: Charles Bouchard, MD

Greetings to all alumni and friends of the Department of Ophthalmology. As we welcome a new class of residents to our program we continue to evolve.

I am pleased to announce the addition of two new full-time faculty members: Geeta Belsare, MD (Oculoplastics), will start in August, and Shuchi Patel, MD, from the Massachusetts Eye & Ear Infirmary, will begin seeing glaucoma patients in September 2010. These clinicians will expand our scope of practice and contribute significantly to our clinical enterprise.

We are opening a new eye clinic as part of Loyola’s new “Center for the Senses” in Burr Ridge, IL in April 2011. This 60,000 sq. ft. facility will provide subspecialty care in ophthalmology, neurology, otolaryngology and neurosurgery.

Our Educational/CME Program continues to be excellent, with recent Resident-Alumni/Mission Day lectures presented by Gholam Peyman, MD, and Geoffrey Tabin, MD.

Our research enterprise has grown significantly with the addition of two research faculty members. Evan Stubbs, PhD, was promoted to Professor in 2009 and provides significant leadership to the Basic Science Research Program. Bruce Gaynes, OD, PharmD, has assumed a leadership role as the Director of Clinical Research, serving as the liaison for all resident research projects. This year we secured four grants totaling $15,000 from the Illinois Society for the Prevention of Blindness.

Our World Service Program, led by Eileen Gable, OD, and in partnership with Rotary International, has developed a relationship with Good Samaritan Hospital in Chichicastenango, Guatemala. I traveled there in January, and Drs. Gable and Yoo reported a very successful trip in May. These mission trips provide desperately needed eye care to underserved areas of Guatemala as well as invaluable experience for our residents, faculty, alumni and friends.

This year we also received a generous gift of $500,000 from the family of the late Thomas (MD) and Katherine Stamm. This gift will be placed in an endowment for international mission work.

I look forward to seeing you soon. Please save the date of October 16 for our Alumni reception at the Academy meeting in Chicago next fall.

Alumni Perspective: John Hanlon, MD

I completed the Ophthalmology Residency at Loyola in 1987, in the class with Richard Zak and Nick Mamalis.

While I initially considered joining an existing practice, I instead opened a solo practice in Oak Lawn, Ill., only a few miles from where I grew up in the Beverly neighborhood of Chicago. I was encouraged in my plans by other private practitioners, including Dr. Rob Cinefro and Dr. James McDonald. As you can imagine, business was slow at first, but the upside was I had lots of time to study for my Boards. Opening a practice in the neighborhood of my youth was also helpful, as I saw a lot of my parents’ friends as patients. I was able to break even after one month. There were many people at that time who were predicting the death of the solo practice, and there is no question it was difficult getting started. But there are rewards to this path. You are your own boss.

Dr. McDonald was always very savvy about the importance of making your voice heard by the decision makers. His residency was not an ivory tower program. He knew the importance of staying engaged in the world outside while keeping focused on the patients. Dr. McDonald never talked about “overhead as a percentage of gross,” and he never, ever, complained about having to come in to see a patient. He gave us the phone number of his home in Michigan to call him if necessary.

My career activities have expanded to include political advocacy at the state level and hospital governance. I was recruited to the Illinois Association of Ophthalmology by Dr. Bert Gawne, a Loyola grad, and I serve on that board as director of governmental affairs. I have learned a great deal through my involvement in hospital governance on the board of directors at my hospital, as a former chief of staff, and on various committees. Staying involved with your non-ophthalmology colleagues, and treating their patients with skill and respect, elevates your specialty. Ophthalmology is a rewarding endeavor. I encourage my colleagues to be positive collaborators within the medical community.
Resident Education: David Yoo, MD

This has been an exciting year for the Department of Ophthalmology. Our Chicago Subspecialty Lecture Series featured excellent lectures by Dr. Marian Macsai and Dr. John Pollack. Our 2nd Annual Glaucoma/Cataract Symposium presented Paul Palmberg, MD, PhD, and Bonnie Henderson, MD. This year's Resident-Alumni/Mission Day featured Dr. Gholam Peyman and Dr. Geoff Tabin. Through participation in interdepartmental grand rounds (neurosurgery this year), visiting the Spectros Institute (low vision), and hosting a continuing education conference for optometrists, we are expanding our relationships within Loyola and the outside community.

Finally, we are improving our resident education by expanding online learning opportunities through use of the American Academy of Ophthalmology ONE Network. This innovative program provides residents a variety of learning media while assessing their knowledge. A department server has become the electronic resource for images, presentations and clinical data. As we look towards the future, we will continue to offer useful, up-to-date and easily accessible clinical information for faculty, residents and also alumni.

Research: Bruce Gaynes, OD, PhD

Research experience is a vital and necessary component of any comprehensive clinical training program. The Department of Ophthalmology is proud to address this challenge by providing all ophthalmology residents with the opportunity to conduct original research studies of basic or applied translational application. Under the supervision of a faculty member, ophthalmology residents are required as part of their clinical training to contribute to ongoing research projects or conduct original research in an area of mutual interest with their faculty advisor. This has been a particularly exciting year within the Loyola Ophthalmology Research Department with ongoing study in areas such as diabetes, glaucoma, retinal neuroprotection and corneal disease. Faculty and residents have published their research results in a variety of peer reviewed journals including respected publications such as Investigative Ophthalmology and Visual Science and Experimental Eye Research. The Department is honored to have received support for both clinical and basic science research from philanthropic organizations including the Illinois Society for the Prevention of Blindness, the Perritt Foundation and the Chicago Institute for Neurosurgery and Neuroresearch.

With the assistance of a talented and experienced faculty, the Department looks toward continued success in both clinical and basic science research programs for the ultimate goal of the betterment of patient outcomes and disease management.

Patient Care: James McDonnell, MD

Strabismus is an undertreated condition in ophthalmology, leaving a significant number of patients with this disfiguring and dysfunctional condition. Studies have revealed that adult patients with long-standing strabismus fall within the lowest one-fifth of earners nationwide and have a greater than 90% divorce rate. Correcting patients with long-standing strabismus can yield significant binocularity and may yield psychosocial benefits. Dr. James McDonnell and Rebecca Parrish CO are conducting one of the largest studies ever undertaken on the psychosocial effects of strabismus surgery. They are in the recruitment phase of a prospective and retrospective study to examine the effects of eye muscle surgery on children and adults with strabismus. Our goal is to obtain a better overall picture of the psychosocial state of patients with strabismus pre and post operatively.

Contact James McDonnell, MD to enroll (708 216-6756).
Medical Missions in the Local Community: Peter Russo, OD and Amy Lin, MD

Peter Russo, OD, comments “Travel abroad is not a requirement to providing medical service to those in need. Since 2002, I have been serving individuals in our own community in conjunction with Access DuPage and the DuPage Community Clinic in Wheaton, Ill.”

According to Dr. Russo, patients who meet eligibility requirements receive a complete eye exam at no charge and can purchase new glasses for a nominal fee that covers the cost of grinding lenses at a local lab. New frames are donated by local labs or doctors.

“I volunteer one half day a month,” says Dr. Russo, but other doctors and offices also provide visual field testing or specialty care for glaucoma, retina and cataract, including surgical care. Patients are extremely grateful for the care they receive.”

Amy Lin, MD, praises the efforts of the doctors and Stritch School of Medicine medical students with whom she volunteers, saying “Several of the residents and medical students from the Ophthalmology Club, along with myself and other attendings, have conducted vision/glaucoma screenings in the community.

In the past year, we have performed these screenings at health fairs at Christian Academy in the Pilsen neighborhood, as well as at a Haitian church. These screenings have been a great opportunity to not only offer access to eye care to more indigent patient populations, but also for medical students to learn about ophthalmology. The residents have enjoyed teaching the medical students as well.”

International Medical Missions to Guatemala: Eileen Gable, OD

Thanks to the generosity of the Central DuPage Rotary Club and the Host Rotary Club of Antigua Guatemala, we have completed two of three planned mission trips to El Buen Samaritano Hospital in Chichicastenango. The trips bring subspecialty services to support the establishment of a sustainable comprehensive eye care clinic within the Chichi community.

Dr. Bouchard led a January trip focusing on cataract and corneal pathology. The team of Dr. John Clements; senior resident, Cecelia Diaz, ophthalmic technician and Yvonne Damiani, surgical nurse, served 200 clinic patients in a general screening and performed 22 procedures including cataract surgery and pterygia removals. Support was provided by Tom and Alma Olson, representatives of the Antigua Rotary club, Rev. Bill Vasey, American missionary to Chichi, Antonio Delgado, local hospital administrator, and Dr. Luisa Rosal, the partnering local ophthalmologist practicing out of El Buen Samaritano Hospital. The team also spoke at the national meeting of the Guatemalan Ophthalmology Society at the invitation of Rudy Gutierrez, MD and observed Dr. Gonzalo Cruz performing small incision extra capsular cataract extractions.

A trip in May concentrated on program development and oculoplastics. Dr. Eileen Gable, missions chair for the department, met with partnering representatives while oculoplastic specialist Dr. David Yoo, senior resident Dr. Nikki Saraiya and ophthalmic technician Arlys Martinez addressed the oculoplastic cases. The team served 185 patients and performed 15 procedures.

A trip in September 2010 will complete the current grant cycle. This team will focus on glaucoma, cataracts and comprehensive ophthalmology and will include Drs. Robert Barnes, Sofia Sarkos, Peter Russo, R. Tracy Williams and a senior resident. DuPage Rotary will be represented by Robert Williams.

Those who wish to become involved in the department’s mission program may sponsor a resident for $1,000 per week, a team of two faculty, a resident and a technical support staff for $6,000 per week, or support the program with a donation to provide the local clinic with quality ophthalmic equipment, medical supplies and educational materials.

To support the Department of Ophthalmology medical mission program, please use this link: www.stritch.luc.edu/ophthalmology-giving.
<table>
<thead>
<tr>
<th>Topic</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
</table>
| Pediatric Ophthalmology/      | Aug. 4, 2010 | Chicago Subspecialty Guest Lecture  
Guest lecturer: Mildred Olivier, MD, Cook County Hospital, Chicago, Ill. |
| Optometric Conference         | Aug 18, 2010 | Current Concepts in Eye Care  
Lecturers: James McDonnell, MD and Geeta Belsare, MD Charles Bouchard, MD and Susanne Tidow-Kebrich, MD |
| Ethics                        | Aug 25, 2010 | Chicago Subspecialty Guest Lecture (to be held at the Wheaton Eye Clinic)  
Lecturer: Kimberlee Curnyn, MD, Suburban Associates in Ophthalmology, Arlington Heights, Ill.  
Ruth Williams, MD, Wheaton Eye Clinic, Wheaton, Ill. |
| Glaucoma & Cataract            | Sep 11, 2010 | 3rd Annual Fall Cataract/Glaucoma Symposium: Innovations in Cataract Surgery and Glaucoma Management  
The Arthur Light, MD Lecturer: Joseph Caprioli, MD, Jules Stein Eye Institute, University of California-Los Angeles  
The John J. Skowron, MD Lecturer: Thomas Oeting, MD, University of Iowa, Iowa City, Iowa |
| Alumni Reception              | Oct 16, 2010 | Annual Loyola Ophthalmology “Alumni & Friends” Reception During AAO Week (Loyola University Museum of Art) |
| Neuro-Ophthalmology           | Nov 3, 2010 | Chicago Subspecialty Guest Lecture  
Guest Lecturer: Jeffrey Nichols, MD, University of Chicago, Chicago, Ill. |

For additional information regarding these events, please contact Jacqueline Ciombor at 708/216-8643 or at jciombo@lumc.edu.